



## Caregiver Workshop 2020 E1 (11/20)

The Caregiver Workshop Series will run on four consecutive Fridays through knowledge building, interactive hands-on skills practicing, experience sharing, and role-playing. This workshop is especially designed to maids/helpers who takes care of children with additional needs.

The series will cover the following topics:

1. Knowing your role, knowing yourself
2. How to help? A briefing on self-help, communication and play skills of the child
3. How to help? Understanding what works and why
4. What about the other stuff? Scheduling, prioritizing chores and handling Stress



**Targets:** Helper/maid for children with additional needs

**Date:** Nov 20, 27 & Dec 4, 11, 2020 (Every Friday)

**Time:** 9:45am – 11:15am

**Venue:** Watchdog Early Education Centre (Hong Kong)  
(Address: 12 Borrett Road, Mid-Levels, Hong Kong)

**Facilitator:** Ms. Leslie Hsu-Choy, BA, MIA, Masters in Counselling(MHKPCA), Ex-Watchdog Parent

**Language:** English

**Fee:** \$120 (Administrative fee)

**Registration:** Please fill in the reply slip and return to Ms Poki Kwan together with a cheque on or before **13 Nov 2020(Fri)**

The cheque should be made payable to "Watchdog Ltd." and sent to "12 Borrett Road, Mid-Levels, Hong Kong" **First come first serve.**

**Enquiry:** Poki Kwan, Social Worker (e-mail: [pokikwan@watchdog.org.hk](mailto:pokikwan@watchdog.org.hk) , Tel: 2521 7364)

### Reply Slip – Caregiver Workshop 2020 E1 (11/20)

Name of contact person : \_\_\_\_\_ (Child's name: \_\_\_\_\_ Age : \_\_\_\_\_)

Contact no : \_\_\_\_\_ e-mail: \_\_\_\_\_

Fee: \$120/person X \_\_\_\_\_ (Total no. of persons attending) = \$ \_\_\_\_\_

Name of participant: \_\_\_\_\_ Name of participant: \_\_\_\_\_

What is your expectation of the group?

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*\*Please delete as appropriate.*

*Cheque should be made payable to 'Watchdog Ltd' and sent to 12 Borrett Road, Mid-Levels, H.K.*

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**#Run with Watchdog** is a Watchdog family-driven campaign, founded in 2019, to promote inclusivity and Special Needs allyship amongst the Watchdog community. This platform continuously invites parents to contribute, share, and support one another.